



**Oklahoma FIT KIDS Coalition
Supports the
Floor Substitute for HB 2574**



Childhood Obesity has become a crisis in Oklahoma:

- 15% of Oklahoma teenagers are considered “severely overweight or obese” – a 300% increase in the past 20 years. (American Academy of Pediatrics)
- Only 37% of Oklahoma students are enrolled in P.E. – compared to 55.7% nationally (Youth Risk Behavior Survey 2004 Interim Report)
- The American Academy of Pediatrics indicates that children should be engaged in moderate physical activity for at least 60 minutes *every day*. Yet our current requirements are only 60 minutes *per week*.

FLOOR SUBSTITUTE for HB 2574 (Hickman / Jolley)

HB 2574 moves Oklahoma elementary students closer to the Academy of Pediatrics recommendation as follows:

- Increases the physical education requirement in K-6 to 120 minutes per week. This will be flexible depending upon the local school district operations (some elementary schools are K-5, some are K-6)
- Creates a new requirement for grades 7 and 8 of 45 hours per year of instruction in physical education, health, nutrition, family and consumer sciences or athletics.
 - Schools will have the option of providing instruction in one of these areas or any combination.
 - Schools will also have the option of providing the instruction in one 9-week course, or integrating the instruction throughout the school year.

Vote YES on HB 2574!

For more information, contact Anne Roberts at the Oklahoma Institute for Child Advocacy, 405/236-KIDS